

Group dynamics

«Occupational Health Management and Presenteeism among Swiss employees»

As soon as at least three people are together, we speak of a group. The force in the group describes the dynamics. This arises from the interaction and relationships between the group members. The following factors influence group dynamics:

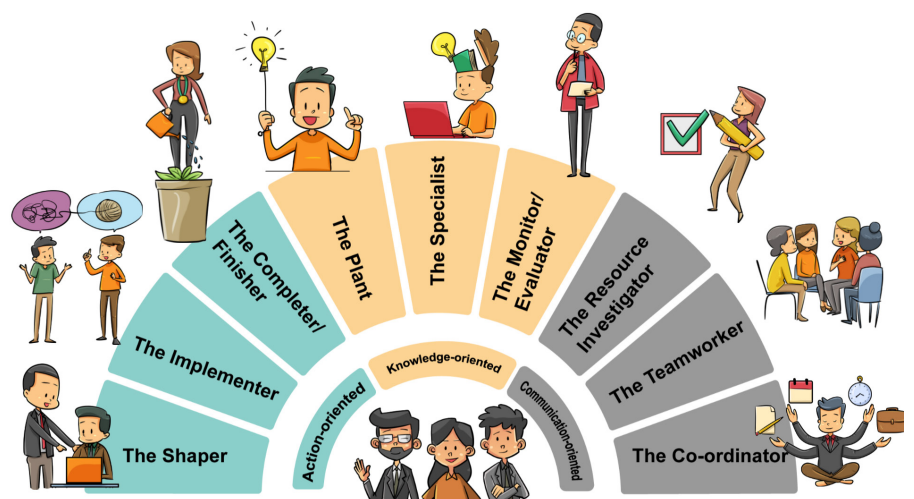


- Communication
- Common Goals
- Role
- Norma
- Cohesion
- Power and Influence

These factors interact with each other and influence the group dynamics.

A team must have different strengths and weaknesses to achieve a good balance.

The team consists of different roles.



Group members do not normally confine themselves to a single role and over time role assignments may change. In a successful group, all roles are filled, resulting in effective collaboration.

